

Derby Runner X/C Series Race No 6



Organised by Hermitage Harriers R.C.



SUNDAY 13th. March 2016

**Holly Hayes Wood, Whitwick, Leics**

Staged with the kind permission of Friends of Holly Hayes Wood [www.friendsofhollyhayeswood.org.uk](http://www.friendsofhollyhayeswood.org.uk)

PERMIT No. MCAA / 39 / 2016

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**Same Venue as 2015**

**MAIN/OFFICIAL MARSHALLED CAR PARKING** is at King Edward VII College/Castle Rock High School reached off both Meadow Lane and Warren Hills Road. Use LE67 4BR on Sat Navs.

In light of increasing numbers, 3 people minimum in a car please.

We've secured additional parking for a few cars at Midland Quarry products, Leicester Rd. near the northernmost extremity of the woods/race course (you pass this if you've run the Hermitage 10K).

**Additional street parking along Meadow Lane.**

Please allow 10 minutes walk to the start/finish area from MAIN car parking.

Thereafter 10 roads border the woods/course with direct footpaths leading from 7 of these: Meadow Ln, Abbots Oak Dr, Hilary Cres, Hayes Close, Holly Hayes Rd, St. Bernard's Rd, Leicester Rd. Not an official endorsement ....just telling you what these roads are called. IF you park on these or Rosemary Cres, Peterfield Rd & Tressell Rd then please do NOT block drives or cause inconvenience to residents.

Grid ref for X/C course (not the car parking) is SK443 154

If you have equipment to erect then please only do this where indicated in the field where we start/finish.

No Toilets available.

Start Times: Juniors 10:30 am Adults 11:00 am

Course details/footwear: only 2 foot of tarmac per lap, some slightly gravelled paths – otherwise grass, and woodland (tree roots, rocks, mud and trail paths) with 4 brook crossing for adults.

Junior (2015 course) Under 10's 1 lap woodland trail (approx. 1 mile), Under 16's 2 laps

<http://www.fetcheveryone.com/routes-view.php?id=1177689>

Adults (approx. 5.4 miles) – 1 medium trail lap with 1 brook crossing, followed by 2 large woodland/trail/grass laps with 1 then 2 brook crossings respectively. No hills/gentle undulations.

Post race event: The Lady Jane Pub, Hall Lane, Whitwick (only park here if staying for results)

Contact: Paul Gregory 07779 319179 or Andy Buck 07950 397021

Please note the following:

- Course will be marshalled/pegged/posted – please keep to this

- This is public woodland/grassland – please be courteous to the general public
- Please take all litter home with you

**Adult loop (very similar to 2015 with a couple of added twists per large lap)**

