



Derby Runner Cross Country League 2015/2016 Race 6

Hinckley Running Club www.hinckleyrunningclub.com Permit Number MCAA/022/2016

Date: Sunday 21st February 2016

Venue: Manor Farm, Manor Road, Ullesthorpe LE17 5BN. Grid reference SP 50416 87330, X 450415 Y 287326, 52°28'53.7"N 1°15'32.6"W

Start: 10:55am for the men, 11:05am for the ladies. Children's race 10:30am.

Changing Facilities and Toilets: There are no changing or toilet facilities at the venue. There is ample space for club tents.

Parking: There is very limited parking at the venue. Only cars with 3 or more people in will be allowed entry to park at the farm. Please do not be offended when you are turned away if you do not have 3 or more people in your car. Please car share, even if that means meeting up near the venue. For those closer, consider cycling or running over. No parking near any of the houses, we are not to inconvenience any of the local residents.

Course Details: Single lap of approximately 5.8 miles. There are 3 stream crossings but no stiles or kissing gates. Mostly fields. Link to the course on Strava, you can download a TCX or GPX file from there too https://www.strava.com/routes/4044156 and image below. Reserve the right to modify the course if required.

Recommended Footwear: Spikes.

Children's Race Approx. 1 mile (2 miles for the older children) all on grassland.

Entry Fee: £3 for adults, £1 for juniors

Post-Race Social: Chequers Pub, Main Street, Ullesthorpe LE17 5BT (0.25 mile from race venue), you can park here if staying for the results and post-race social. Please no muddy kit or shoes to be taken into the pub.

Contact: Steve Hatcher on 07725233188 or email stevehatcher14@gmail.com

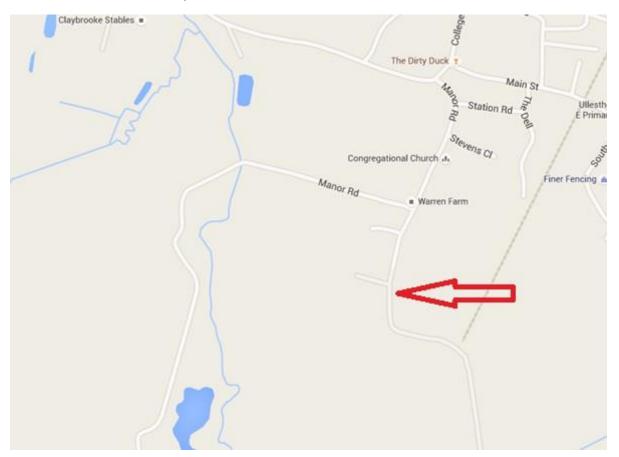
All runners enter at their own risk. The organisers will in no way be held responsible for any loss or damage to property or for any injury incurred.

Directions: From the A5 turn down Woodway Lane. At the T-junction turn right onto Main Road. Enter Ullesthorpe and the 30mph zone. Pass Frollesworth Road on your left, go up the incline and before the road bends to the left, take Manor Road on the right just past a white house. This is a narrow lane bending to the right, follow this all the way to the farm and please follow the marshalls instructions on parking around the farm yard.

Location of Manor Farm, the venue.



Detailed view of Manor Farm, the venue.



Turn right down Manor Road past the white house.



Continue along Manor Road



Continue to Manor Farm straight ahead.



Post-race social at The Chequers Pub, Main Street.



Course Map and elevation.

